HEALTH ISSUES IN HAITI

The poorest country in the Western Hemisphere, Haiti has many health issues:

- The highest rate of infant, under-five and maternal mortality in the region.
- Inadequate sanitation and widespread poverty have led to young children being 15 times more likely to die from diarrhea or pneumonia than HIV/AIDS.
- Nearly 10% of children die before their fifth birthday, largely of treatable illnesses.
- One out of four children are moderately to severely malnourished.
- 138,000 children die of preventable diseases each year.

In a country where one-third of the population is under 14 years old, improvements in pediatric health are a vital requirement towards economic, social, and political development.

MAKING AN IMPACT

Nuestros Pequeños Hermanos (NPH), founded by American priest Father William Wasson in 1954, opened their Haiti programs (as Nos Petits Frères et Sœurs – NPFS, “Our Little Brothers and Sisters”) in 1987. While the initial goal was to build a permanent home for orphaned and abandoned children, the large number of children dying from treatable illnesses showed a desperate need for a hospital that could treat chronic and other debilitating illnesses. As a result, NPFS founded St. Damien Pediatric Hospital in 1989.

Supported through NPH USA’s St. Damien Pediatric Hospital Fund and private contributions to NPH worldwide, the hospital and the associated public health programs of NPFS reach thousands of children each year.
**Hospital:** 224 beds, including an 18-bed emergency unit, 10-bed pediatric intensive care unit (pICU), and nine-bed cancer center.

**Outpatient Clinic:** attends to 100 children daily. There is a symbolic fee of 10¢ for services, but it is often waived because most people cannot afford it.

**Tuberculosis:** offers treatment for both Pulmonary TB and Extra-Pulmonary TB for children 14 years and younger. Medications are provided by Haiti’s National Program Against TB.

**Maternity Program:** serves high-risk mothers.

**Neonatology:** treats high risk newborns.

**Malnutrition:** runs for six weeks and provides patients with food packages consisting of a combination of F100 (a dried high-energy milk that is fortified with a mix of vitamins and minerals) and Plumpy Nut (a combination of peanut paste, vegetable oil, powdered milk, powdered sugar, vitamins, and minerals). Weekly consultations monitor the children’s progress.

**Radiology:** 400 digital x-ray are performed each month. Images can be sent across the Internet to an external radiologist in the U.S. or Europe.

**Pediatric Oncology/Hematology Center:** treats solid tumor, blood cancers and hematological diseases. Chemotherapy and surgical interventions are provided on-site while radiation therapy is provided in the Dominican Republic. The Center works closely with St. Jude’s Medical Center in the U.S., and is an international affiliate.

**Surgery:** composed of two surgical suites, a recovery room, prep room, and a sterile changing area. Around 360 surgeries are performed yearly. There are also visiting teams of surgeons who come four times a year, and perform an additional 160 surgeries annually.

**Laboratory:** has the capacity to do many essential tests, including malaria blood smears, HIV, and sickle cell. On average, about 1,500 hematologic exams and more than 4,000 bacteriological exams are conducted monthly.

**Pharmacy:** responsible for supplying drugs, medical supplies, and other items to patients.

**Public Health:** provides standard pediatric vaccinations to all hospital patients and provides out-patient public health programs (including HIV) to over 20,000 people yearly.

**Dental Clinic:** available to children and adults Monday through Friday.